

## Purpose

The purpose of the Study Guides in this program are to help you acquire the knowledge needed to be able to understand and create a brief statement of the information that you will need for course completion and future knowledge. You might think of this Study Guide as a mini-outline to the different official positions that are contained in Track and Field competitions. Consider this Study Guide as a condensed version of all of the important information that you will need to complete the Junior Officials Program successfully.

Each Officials duties, skills and behaviors are contained in the 17 Different Study Guides offered in this program. These Study Guides are a combination of

- Adopted USATF 2020 Competition Rules.
- Best Practices (those skills that describe "what works best" in a particular situation or environment). These Study Guides are data supported successes and researched supported over time, as offered by Track & Field officials in the quest for accountability for reliable methods.
- USATF Code of Ethics
- USATF Professional Guidelines

### Procedures

Once you have the Study Guide in front of you, do more than just read it. Take the time to look at the material to understand what you will be asked to do. Start by reading the description to formulate a big-picture idea of what your Mentors assessment will look like. Then, review the list of concepts.

Quizzing yourself is a highly effective study technique. Make a copy of the Mentors Checklist and carry it with you to the meets so you can review the questions and answers periodically throughout the day and across several days/meets. Identify the questions that you don't know and quiz yourself on only those questions. Say your answers aloud.

Ask questions of your Mentors, they are there to answer your questions and guide you to learning and performing as a USATF official.

Good Luck to you on your journey to become a USATF Certified Official!

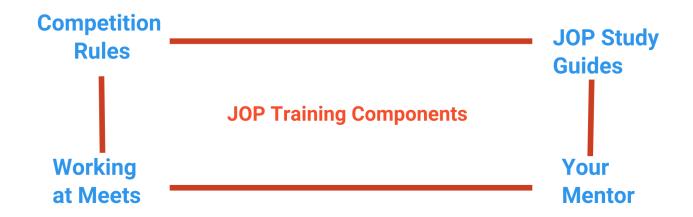


This is one of 17 Study Guides available to you. Each Guide covers a different track and field event. You are welcome to review all the guides, but the JOP program would like you and your mentor to **select ten (10)** of these Guides to concentrate on as your primary focus while participating in the JOP program. JOP Participants who are in the program for longer that two (2) years will have the opportunity to experience all of the 17 Study Guides. This will help you prepare for the Officials Association Level that the 3-4 year participants can qualify you to become. You will be evaluated by your mentor on your knowledge of your 10 Study Guide events. Also, an Alternative List of Study Guides will be produced for your furthering your knowledge in your officiating experience.

The content of these Study Guides is primarily drawn from these resources:

- USATF Competition Rules
- Best Practices
- USATF Code of Ethics
- USATF Professional Guidelines

These Study Guides, your mentor, the USATF Competition Rules, and experience working track and field meets are the four key components of the Junior Officials Program.



You will need to become very familiar with the following rule(s) as listed in your copy of the 2020 Competition Rule Book or found at: <u>2020 Competition Rule Book</u>

- USATF Rule 139 Finish Line Coordinator (page 46)
- USATF RULE 164 The Finish Line
- USATF Rule 131 Lap Scorers (page 43)
- Personal Equipment
- Finish Line Official Duties
- Lap Scoring Forms



#### **FF** FFICIAL PLAN B – Study Guide – 4 – Finish Line/ Lap Scorer

- Lap Scoring Basics for 1 or 2 Scorers
- Start of the Race Lap Scoring Sheet
- Early in the Race Lap Scoring Sheet
- Middle of the Race Lap Scoring Sheet
- Finish of the Race Lap Scoring Sheet
- 300 Meter Track Lap Scoring Sheet
- Lap Scoring Sheet Instructions
- Total Laps for Common Races Figure 5
- Road Racing and Cross country Chute/Finish Line Layout Figure 6
- Three Chute Used Instructions

## RESOURCES

- USATF Rules of Competition 2020
- Finish Line coordinator and Officials Preparations, Feb. 2014
- Lap Scoring Info, Sept. 2017
- Lap Scoring Sheet (LSS) 20 K Race Walk, Jan. 2018
- Lap Scoring Sheet (LSS) 200m Track (5K, 3K, Mike/1500m), March 2018
- Lap Scoring sheet (LSS) 400m Track (10K, 5K, 3K), September 2017
- Lap Scoring 1 or 2 Scorers, April 2015
- Road Running & Cross Country Chute/ Finish Line, Jan 1998
- All of the above resources can be found at: <u>https://www.flipsnack.com/USATF/finish-line-lap-scoring/full-view.html</u>
- USAFT Code of Ethics/ Professional Guidelines USATF Code of Ethics and Performance Guidelines

## **Other Resources**

- Lap Scoring Sheets for 3,000-m, 5,000-m, and 10,000-m races (up to 25 laps on track) plus an exercise to teach lap scorers and a sheet for the Chief Lap Scorer
- Lap Scoring Sheet for a 20-km race on a 1-km loop
- Lap Scoring Sheet and Training Exercise for a 20-km race on a 2-km loop
- Lap Scoring Sheet for a 50-km race on a 1.25-km loop
- 2011 USATF National Officials Committee Training Monograph



## Guide 4 – Finish Line/Lap Scoring – Learning/Performance Objectives Mentor Checklist

Participant Name\_\_\_\_\_ Mentor Name\_\_

## Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

**INSTRUCTIONS:** All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe "Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type of criteria will be marked NA. NA's should be used sparingly.

Learning Objective/Performance Objective	LO/PO #	Date	Mentor
What should the JOP be able to explain or do?		Completed	Initials
USATF Rules – Rule 139 - Finish Line Coordinator	FLS1		
USATF Rules – Rule 164 – The Finish Line	FLS2		
USATF Rules – Rule 131 – Lap Scorers	FLS3		
Personal Equipment	FLS5		
Finish Line Coordinator Duties	FLS6		
Arrive at track at least one hour before your first event.	FLS7		
Wears the appropriate uniform.	FLS8		
Record finish times and order of finish in all races; assist in placing	FLS9		
or relocating blocks for races.			
Keep the start/finish line clear of athletes, coaches, & spectators.	FLS10		
Keep the area quiet for starts.			
Instruct athletes to exit/refreshments/medical assistance as soon	FLS11		
as race finishes.			
Use red and white flags to indicate to Starters if race is ready to be	FLS12		
started.			
Operate the Laps to Go display for races 800m & over (outdoor)	FLS13		
400m & over (indoor) – flip to next lower number as leader enters			
the homestretch. Ring bell loudly on last lap for each runner; if			
multiple races are combined, ring bell for the leader of each			
original race.			
Perform Lap Scoring duties.	FLS14		
Be aware of oncoming athletes before you step onto the track or	FLS15		
step across lanes.			



Be aware of throwing or jumping events in area adjacent to finish lines.	FLS16	
If Referee reverses start direction due to weather, assist in relocation of necessary items.	FLS17	
Help coordinate volunteers who are holding finish line tape; assist in identifying athletes for drug testing if needed.	FLS18	
If not done by an Umpire, call out lap times for races not starting at the common start/finish line.	FLS19	
Collect Lap Scoring sheets; attach them with completed heat sheet results and submit accordingly	FLS20	
Be as invisible in the competition area as possible during TV events.	FLS21	
Lap Scoring Basic – For One or Two Scorers – Preparation, Procedures, Start of the Race, Early in the Race, Middle of the Race, the Finish of the Race Scenario	FLS22	
Appendix A - Lap Scoring on a 300 Meter Track	FLS23	
Appendix B – Total Laps for Common Races	FLS24	
Appendix C - Total Laps for Common Races	FLS25	
Road Running/ Cross Country Chute/ Finish Line Layout - Overview	FLS26	
Road Running/ Cross Country Chute/ Finish Line Layout – Instructions for three chute usage	FLS27	

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# Comments:\_\_\_\_\_



## **REMINDER MAP - Common Learning/Performance Objectives (PO's) for all Junior Official Participants**

Mentors will be concentrating on the areas in gray to determine your Checklist and Field of Play Evaluation at the end of your individual time-line in the program.

Code of Ethics/Performance Objectives (PO's)	PO #	Assessment Evaluation Criteria (P.O.'s)	PO #
Be fair, consistent, and impartial to ensure	PO1	Arrives on time for meetings and events.	AEC1
equitable treatment for all competitors.			
Have a thorough knowledge of the rules and	PO2	Properly wears officials' uniform; presents	AEC2
procedures for the particular event or position		a professional appearance.	
assigned and review them prior to a			
competition.			
Cooperate with fellow officials to conduct	PO3	Knows and applies rules correctly and	AEC3
competition in a safe and professional manner.		consistently.	
Be courteous and avoid confrontations or			
making derogatory comments to athletes,			
coaches, spectators, or other officials.			
Demonstrate respect and courtesy for other	PO4	Treats all personnel with respect and	AEC4
officials. Avoid interfering with duties assigned		professionalism	
to other officials or publicly questioning the			
performance of other officials. Assist in correctly			
applying rules and support final decisions			
rendered by chief officials. Provide and accept			
performance feedback in a positive manner.			
Honor all assignments and agreements made for	PO5	Communicates effectively with	AEC5
performance of officiating and support duties.		competitors.	
Not discriminate against any individual or group	PO6	Stays alert to the competition, potential	AEC6
on the basis of race, color, religion, gender,		problems, and the athletes.	
national origin, age, or other protected			
characteristic.			
Not engage in harassment by making	PO7	Works well with other officials for success	AEC7
unwelcome advances, remarks, or display of		of the crew.	
materials where such would create an			
intimidating, hostile, or offensive environment.			
Not fraternize with athletes or coaches, provide	PO8	Willing to pitch in and help wherever	AEC8
tips or comments which could be construed as		needed or directed.	
coaching for any athlete, nor cheer for or			
provide encouragement to particular athletes or			
teams during a competition.			
Not use tobacco products while in the field of	PO9	Has applicable rule books and necessary	AEC9
competition, nor consume alcoholic products		personal equipment.	
before or during a competition.			
Not seek recognition or attention during a	PO10	Correctly and efficiently prepares the	AEC10
competition.		venue; maintains safety	
Conduct an honest self-evaluation after each	PO11	Conducts complete, accurate briefings for	AEC11
competition, to identify errors made and areas		athletes.	
for improvement; and be receptive to			



suggestions for conducting events in the best			
possible manner in the future.			
Comply with the USA Track & Field Officials Code	PO12	Effectively manages volunteers	AEC12
of Ethics	1012	Enectively manages volunteers	ALC12
Be punctual in reporting for assigned officiating	PO13	Completes event forms properly and neatly	AEC13
duties, including allowing adequate time for	1015	Completes event forms property and nearly	ALCIS
venue inspection and set-up prior to the warm-			
up period and competition.			
Possess the appropriate rule book(s) for the	PO14	Demonstrates good decision making and	AEC14
competition.	P014	Demonstrates good decision-making and problem-solving skills.	AEC14
•	PO15	Accepts & responds to feedback,	AEC15
Possess and maintain appropriate uniform items and wear the national uniform or other dress	P015		AECIS
		contributes to post-event review	
prescribed by meet management, and be			
prepared to continue duties in all types of			
weather.	DOIC		
Inspect assigned venues to ensure the safety of	PO16		
athletes, officials, and spectators. Correct or			
report apparent or suspected dangers to meet			
management before beginning a competition.			
Be calm, positive, and polite. Refrain from dialog	PO17		
with athletes and coaches regarding disputed			
calls or decisions, and instead refer them to the			
referee, protest table, or games committee for			
resolution. Report abusive behavior toward			
officials to meet management.			
Not use any electronic or photographic devices,	PO18		
including cell phones, while officiating.			
Assist in submitting competition results, cleaning	PO19		
the event area, and returning equipment. Before			
departing the site, determine if any other			
venues need officiating assistance.			
Attend periodic training sessions or clinics to	PO20		
maintain or update officiating skills. Assist, as			
appropriate, in developing and presenting			
training materials.			
Keep physically fit, and advise their association	PO21		
or coordinator of officials of physical limitations			
on their ability to perform any assigned duty.			
Mentor less experienced officials by sharing	PO22		
information and techniques, demonstrating use			
of equipment, identifying potential problems or			
issues and recommending solutions, and			
encouraging questions.			
Assist in recruiting new officials.	PO23		
Consider active involvement with the officials'	PO24		
committees of the local association and USATF.			
Make recommendations for rules changes as	PO25		
appropriate.			



F PLAN B – Study Guide – 4 – Finish Line/ Lap Scorer

## Study Guide 4 – Finish Line/ Lap Scoring – Mentor Assessment Field of Play Evaluation

Participant Name\_\_\_\_\_ Mentor Name\_\_\_

**MENTORS** – All items on this Checklist must be completed during the timeline of the program. Some participants are in the program from one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Checkoff the rating that you give to the JOP Participant, enter the date of completion and enter your initials as a verification that the objective was completed. If you have assigned a rating of Fair\* - Please add your rationale to the \*Area for Improvement space. *Please submit a copy of this Field of Play Evaluation/Assessment final form with the completion dates and your Mentor signature, to the Association Certification Chairperson or JOP Designee in your Association.* Please make 3 copies -One (1) for your *records*, one (1)for the Association Chair/JOP Designee, and one (1) to give to the JOP *Participant for their records*. Hardcopies or electronic copies are acceptable. All Objectives must be met before submission.

	(Check)	(Check)	(Check)	Completed	Initials
AEC1					
AEC2	Fair*	Good	Excellent		
AEC3	Fair*	Good	Excellent		
AEC4	Fair*	Good	Excellent		
AEC5	Fair*	Good	Excellent		
	-				
	·		·		
AEC6	Fair*	Good	Excellent		
	AEC2 AEC3 AEC4 AEC5	AEC2 Fair* AEC3 Fair* AEC4 Fair* AEC5 Fair*	AEC2 Fair* Good AEC3 Fair* Good AEC4 Fair* Good AEC5 Fair* Good	AEC2     Fair*     Good     Excellent       AEC3     Fair*     Good     Excellent       AEC4     Fair*     Good     Excellent       AEC5     Fair*     Good     Excellent	AEC2       Fair*       Good       Excellent         AEC3       Fair*       Good       Excellent         AEC4       Fair*       Good       Excellent         AEC5       Fair*       Good       Excellent



■ Attacks devial with a the second finite in few	4507	- • •				
7. Worked well with other officials for	AEC7	Fair*	Good	Excellent		
success of the crew.						
*Area for Improvement (Fair or below):						
8. Willingly assisted as needed in other	AEC8	Fair*	Good	Excellent		
areas.	1200	1 an	0000	Execution		
*Area for Improvement (Fair or below):						
/ · · · · · · · · · · · · · · · · · · ·						
9. Provided a venue that ensured	AEC9	Fair*	Good	Excellent		
safety of athletes, officials, volunteers			0000			
and spectators.						
*Area for Improvement (Fair or below):	11			1		
,						
10. Prepared the venue correctly and	AEC10	Fair*	Good	Excellent		
efficiently.			0000			
*Area for Improvement (Fair or below):	1			1		I
···· ,						
11. Conducted complete, accurate	AEC11	Fair*	Good	Excellent	NA	NA
briefings for athletes.	/12011	1 an	0000	Execution		
*Area for Improvement (Fair or below):						
12. Worked effectively with volunteers.	AEC12	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):		-				
Area for improvement (rail of below).						
13. Completed event forms properly	AEC13	Fair*	Good	Excellent		
and neatly.	//2015	1 an	0000	Execution		
*Area for Improvement (Fair or below):	1					
14. Demonstrated good decision-	AEC14	Fair*	Good	Excellent		
making and problem-solving skills.	ALCIA	Fall	<b>G</b> 000	LACENEIIC		
*Area for Improvement (Fair or below):						l
Area for improvement (rail of below).						
15. Accepted and responded to	AEC15	Fair*	Good	Excellent		
feedback and attended post-event	ALCIS	Fall	Good	Excellent		
reviews.						
*Area for Improvement (Fair or below):						l
Area for improvement (rail of below).						
16. Presentation of JOP Log of meet	Program	Fair*	Good	Excellent		
experiences containing the number of	Requirement		0000			
Hours based on age group.						
*Area for Improvement (Fair or below):	ı					
17. Presentation of Journal or	Program	Fair*	Good	Excellent		
"Briefcase "of acquired materials	Requirement		2304			
indicating the participants knowledge						



of growth over the length of the			
program.			
*Area for Improvement (Fair or below):			
Commenter			
Comments:	 	 	 